

Essential Functions and Participation Requirements of the Student in the DPT Program

Print Name: _____

Essential Functions Checklist

The ability to perform essential functions is required of students in the classroom, labs, simulated clinical settings, and during clinical education experiences. Please indicate ability to perform each function listed by marking "yes" or "no" next to each essential function listed below:

YES: able to perform the essential function with or without reasonable accommodation.

NO: not able to perform the essential function with or without reasonable accommodation.

| 1. <u>Intellectual Abilities</u> | Yes | No |
|---|-----|----|
| Intellectual skills include the ability to recall and comprehend large amounts of information and apply this information to solve problems. The DPT student has the ability to: | | |
| a) Recognize and define problems, develop and implement solutions, and evaluate outcomes. | | |
| b) Demonstrate critical thinking skills and appropriate clinical decision making with ability to differentiate relevant vs. irrelevant information. | | |
| c) Memorize, analyze, synthesize and apply large volumes of information. | | |

| 2. <u>Communication Abilities</u> | Yes | No |
|---|-----|----|
| Effective communication skills enable the physical therapist to obtain appropriate information from patients and to effectively explain treatment procedures to patients and other professionals. The DPT student has the ability to: | | |
| a) Effectively process and comprehend written and verbal communications, in the English language, in any form of media at a level consistent with full participation in academic and clinical course work. | | |
| b) Utilize appropriate and effective verbal, written and non-verbal communication. | | |
| c) In all situations, respond appropriately verbally and in writing, in the English language, when communicating with any personnel. | | |
| d) Respond in a manner that indicates an individual need for assistance | | |

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| 3. <u>Motor Abilities</u> | Yes | No |
|---|-----|----|
| <p>The practice of physical therapy requires that the practitioner possess the ability to perform basic evaluation and therapy procedures that require specific physical skills and stamina. A therapist must also use vision and somatic sensation in the evaluation and treatment of patients.</p> <p>The DPT student has the ability to:</p> | | |
| a) Attend classes 30 or more hours per week during each academic semester. Classes consist of a combination of lecture, discussion, laboratory, and clinical activities. | | |
| b) Participate in clinical rotations 40 or more hours per week on a schedule that corresponds to the operating hours of the clinic. | | |
| c) Sit for two to 10 hours daily, stand for one to four hours daily, and walk or travel for two to four hours daily. | | |
| d) Relocate outside the Conway area to complete one or more clinical rotations of five to 10 weeks duration each. | | |
| e) Lift a minimum weight of 10 pounds overhead and be able to move a 150 pound dependent person from one surface to another. | | |
| f) Carry in your arms (as opposed to in a box, backpack, on your head or shoulders) up to 25 pounds while walking up to a minimum of 50 feet. | | |
| g) Exert 75 pounds of push/pull forces up to 50 feet and sometimes exert 150 pounds of push/pull forces from a standing or seated position. | | |
| h) Twist, b | | |

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| <p>5. <u>Behavioral Social Abilities</u> The physical therapist must demonstrate the ability to practice in a professional and ethical manner and possess the emotional stability to practice in a stressful work environment. The DPT student has the ability to:</p> | Yes | No |
| a) Appropriately handle the physical, emotional and mental challenges of a rigorous curriculum and varied clinical environments. | | |
| b) Demonstrate flexibility and willingness to adapt to changing environments. | | |
| c) Demonstrate empathy, compassion, integrity, honesty, and concern for others of all cultures. | | |
| d) Demonstrate the ability to respond appropriately to unpredictable or stressful situations. | | |
| e) Demonstrate behaviors and attitudes that protect the safety and well-being of others especially patients and classmates. | | |
| f) Demonstrate professional, ethical and legal behavior in academic and clinical environments. | | |

I certify by my signature below, that I have read and understand the essential functions for the Doctor of Physical Therapy Program at the University of Central Arkansas.

Signature of Student _____ Date _____

I certify by my signature below, that I can perform the essential functions for the Doctor of Physical

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