

Footwear

Only athletic footwear (i.e. **No** high heels, boots, dress shoes, spikes, cleats, sandals, flip-flops, or open-toed shoes) are allowed during any athletic activity. Except in appropriate classes (i.e. Yoga, Martial Arts where you may be barefoot).

Footwear which marks floor surfaces or is worn inappropriately is not allowed.

Area-Specific General Policies**Gymnasium (Courts)**

No Dunking. Dunking and/or hanging from basketball rims is not allowed. Violators will be asked to leave the building.

Locker Room

There are small and large lockers available to members in the locker rooms. Bring your own lock, the HPER Center does not supply locks. Bring your own towel for your shower. The HPER Center does not supply towels.

Track

Walkers use the inside lanes and runners on the outside lanes. Follow the arrow for the proper direction. The arrow is changed daily and is located at the entrance of the track just below the clock.

Game Area

Game Area equipment can be checked out at the equipment checkout location. There are no reservations allowed for the equipment. A Bear Card must be used, order to checkout equipment.